



Awakening the Heart

From Self to Shared Connection



September 14th
3PM - 5PM



MICDS Upper School Dining Hall
101 North Warson Road
St. Louis, MO 63124
314-485-9643

Join New Creation International for our annual event of an engaging and reflective experience designed to explore the qualities we hold in our hearts and the sense of belonging we foster within our community.

Facilitated by **Violante Binazzi** from Canada, who has over 10 years of experience in holistic care, with a strong foundation in Yoga, Zen practices, Shiatsu, and Chōwa Do Ki energy therapy from Toronto, Canada.



SCAN TO REGISTER NOW:
NewCreation-International.org



**New Creation
International**

**A LOCAL NON-PROFIT ROOTED IN
SELF DISCOVERY AND MINDFUL
LIVING PRACTICES**